



## **2011 NEW YORK DOWNSTATE SUNFISH REGIONAL CHAMPIONSHIPS**

### **SAILING INSTRUCTIONS**

#### **1. RULES:**

**This regatta will be governed by the 2009-2012 racing rules of sailing and the rules of the US Sunfish Class Association except as altered by these sailing instructions.**

#### **2. NOTICES TO COMPETITORS:**

**Notices to competitors will be posted on the official notice board located to the right of the main entrance to the clubhouse.**

#### **3. CHANGES IN SAILING INSTRUCTIONS:**

**Changes in sailing instructions will be posted by 9:00 am Sunday**

#### **4. SCHEDULE:**

**A skippers meeting will be held at 10:00 am on Saturday. Races are scheduled to start at 11:00 on Saturday and 10:00 am on Sunday. Sailors shall check in with the race committee each day. No race shall start after 2:30 Sunday afternoon.**

#### **5. TIME LIMIT:**

**The time limit for the 1<sup>st</sup> boat to finish is 45 minutes. Boats not finishing within 30 minutes of the 1<sup>st</sup> place boat shall be scored DNF, (1 place more than the # of registrants).**

## **6. COURSES AND MARKS:**

Courses will be primarily windward-leeward(W), with the start finish line approximately 1/3 of the leg to windward of the leeward mark. The number of laps will be displayed on a board by the race committee prior to the starting sequence of each race. Triangle courses may also be used at the option of the race committee. The marks will be brightly colored inflatables. An offset mark, leeward gate, or keep-away mark, may be used at the RC's discretion. There is no prohibition to passing through the start -finish line while racing.

## **7. START AND FINISH LINES AND STARTING SYSTEM:**

The standard rule 26 starting system will be used( 5-4-1-start). The start-finish line will be between a flag on the RC boat and a red inflatable.

## **8. RECALLS:**

**INDIVIDUAL:** The RC will attempt to hail sail numbers of boats that are OCS, however the onus of starting correctly remains solely with the competitor.

**GENERAL:** The RC will hail general recalls. After 1 general recall the I flag, (1 minute rule) will be in effect. The Z and black flags may be used at the RC's discretion.

## **9. SHORTENING OR ABANDONING RACES**

The RC may shorten or abandon any race in accordance with RRS 32.1 and 32.2.

## **10. PROTESTS:**

Protests shall be reported to the RC boat between races or as soon as possible after finishing if it is the last race of the day. Forms will be available at the clubhouse and should be filed with the protest committee as quickly as possible after reaching shore.

## **11. WITHDRAWING FROM A RACE:**

Any boat that withdraws from a race or decides not to compete in the remaining races shall make every attempt to notify either the RC or other race personnel.

## **12. SCORING:**

The low point scoring system will be used. 1 race shall constitute a regatta. If 6 or more races are completed a competitors worst score will be discarded. The number of races is not limited,(except by times posted in the NOR) and shall be up to the RC's discretion taking into account weather conditions and forecasts.

## **13. SAFETY:**

A US coast guard approved life vest must be worn while racing.

